

*pool shared with another program

*Please note that Lane swim during other programs is **DESIGNATED LANE ONLY**

**minimum 5 people to run class

DRUMHELLER AQUAPLEX SWIM SCHEDULE FALL 2011

823-1322

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	6:30-8:30am Early Bird Lane Swim		6:30-8:30 am Early Bird Lane Swim		6:30-8:30 am Early Bird Lane Swim	
	9:00-10:00 am **Shallow Water Aquasize	9:00-11:30 Lane Swim *Designated Lane	9:00-10:00 am **Shallow Water Aquasize	9:00-11:30 Lane Swim *Designated Lane	9:00-10:00 am **Shallow Water Aquasize	
	DARTS 10:00-11:00 am	9:15 – 10:00 am **Water Therapy	DARTS 10:00-11:00 am	9:15 – 10:00 am **Water Therapy		
11:30-1:00 pm Adult Lane Swim	11:30-1:30 pm Adult Lane Swim P & T Waterslide 12:00-12:45 **Deep Water Aquasize	11:30-1:30 pm Adult Lane Swim P & T Waterslide	11:30-1:30 pm Adult Lane Swim P & T Waterslide	11:30-1:30 pm Adult Lane Swim P & T Waterslide	11:30-1:30 pm Adult Lane Swim P & T Waterslide 12:00-12:45 **Deep Water Aquasize	11:30-1:00 Adult Lane Swim
1:00-2:00 pm Family Swim	1:30-4:00pm Lane Swim *Designated Lane*		1:30-4:00pm Lane Swim *Designated Lane*		1:30-4:00pm Lane Swim *Designated Lane*	1:00-2:00 pm Family Swim
2:00-4:30 pm Public Swim		1:30-7:30 *Lane Swim *Designated Lane*		1:30-7:30 *Lane Swim *Designated Lane*		2:00-4:30 pm Public Swim
	1:30-3:00 pm School lessons	1:30-3:00 pm School lessons	1:30-3:00 pm School lessons	1:30-3:00 pm School lessons	1:30-3:00 pm School lessons	
	6:00-7:30 pm Public Swim	6:00-7:30 pm Toonie Swim	6:00-7:30 pm Public Swim	6:00-7:30 pm Public Swim	6:00-7:30 pm Public Swim	6:00-8:00 pm Public Swim
	6:00-7:30 pm *Lane Swim *Designated Lane*	6:00-7:30 pm *Lane Swim *Designated Lane*	6:00-7:30pm *Lane Swim *Designated Lane*	6:00-7:30 pm *Lane Swim *Designated Lane*	6:00-7:30 pm *Lane Swim *Designated Lane*	

