

Level	Session 2 Thursdays Sep 19-Oct 24	Session 3 Friday mornings Sep 20-Oct 25	Session 4 Sundays Sep 22-Nov 3 (no class Oct 13)	Session 5 Mondays Oct 21-Dec 2 (no class Nov 11)	Session 6 Thursdays Nov 7-Dec 12	Session 7 Friday mornings Nov 8-Dec 13	Session 8 Sundays Nov 17-Dec 22
Red Cross Preschool PARENTED: Starfish (4-12 mths); Duck (12-24 mths); Sea Turtle (24-36 mths)							
Starfish/Duck/Sea Turtle \$37.25	N/A	10:00-10:30 am	5:00-5:30 pm	5:45-6:15 pm	N/A	10:30-11:00 am	5:30-6:00 pm
Red Cross Preschool UNPARENTED (3-5 years)							
Sea Otter \$37.25	9:30-10:00 am 5:15-5:45 pm	10:30-11:00 am	4:30-5:00 pm	4:30-5:00 pm	10:00-10:30 am 4:45-5:15 pm	9:30-10:00 am	6:00-6:30 pm
Salamander \$37.25	10:30-11:00 am 5:15-5:45 pm	9:00-9:30 am	4:30-5:00 pm	4:30-5:00 pm	9:00-9:30 am 4:45-5:15 pm	10:00-10:30 am	4:30-5:00 pm
Sunfish \$37.25	10:00-10:30 am	9:30-10:00 am	6:00-6:30 pm	4:00-4:30 pm	10:30-11:00 am	10:00-10:30 am	4:30-5:00 pm
Crocodile \$37.25	9:00-9:30 am	9:30-10:00 am	6:00-6:30 pm	4:00-4:30 pm	9:30-10:00 am	9:00-9:30 am	5:00-5:30 pm
Whale \$37.25	9:00-9:30 am	N/A	4:30-5:00 pm	N/A	9:30-10:00 am	9:00-9:30 am	5:00-5:30 pm
Red Cross Swim Kids (ages 6+)							
Swim Kids 1 \$48.25	N/A	N/A	5:30-6:15 pm	6:00-6:45 pm	4:00-4:45 pm	N/A	4:30-5:15 pm
Swim Kids 2 \$48.25	5:00-5:45 pm	N/A	5:00-5:45 pm	5:00-5:45 pm	4:00-4:45 pm	N/A	6:00-6:45 pm
Swim Kids 3 \$48.25	5:00-5:45 pm	N/A	5:00-5:45 pm	5:00-5:45 pm	4:00-4:45 pm	N/A	6:00-6:45 pm
Swim Kids 4 See session for price	4:00-4:45 pm \$48.25	N/A	6:30-7:15 pm \$48.25	6:45-7:30 pm \$48.25	4:45-5:45 pm \$59.00	N/A	5:15-6:00 pm \$48.25
Swim Kids 5 \$59.00	4:00-5:00 pm	N/A	6:30-7:30 pm	N/A	4:45-5:45 pm	N/A	7:00-8:00 pm
Swim Kids 6 \$59.00	4:00-5:00 pm	N/A	6:30-7:30 pm	4:00-5:00 pm	N/A	N/A	7:00-8:00 pm
Swim Kids 7 \$59.00	N/A	N/A	7:15-8:15 pm	4:00-5:00 pm	N/A	N/A	N/A
Swim Kids 8 See session for price	N/A	N/A	7:15-8:15 pm \$59.00	N/A	N/A	N/A	6:45-8:15 pm \$82.00
Swim Kids 9/10 \$82.00	N/A	N/A	5:00-6:30 pm	N/A	N/A	N/A	6:45-8:15 pm
Stroke Proficiency: to build strength and technique on just the stroke skills in a level – Stroke Development (SK 3-6) ; Stroke Improvement (SK 7-10)							
Stroke Develop / Improve \$37.25	4:45-5:15 pm	N/A	7:30-8:00 pm	5:00-5:30 pm	5:15-5:45 pm	N/A	5:00-5:30 pm
Junior Lifeguard Club: set personal goals, have fun and learn a little bit of everything from swimming skills, first aid and rescue. Ages 8-15, must be able to swim 50 m & tread water for 2 minutes.							
\$65.00	N/A	N/A	N/A	5:45-7:00 pm	N/A	N/A	5:45-7:00 pm
Leadership courses: Take your training to the next level! Please see the Courses page on our website for prerequisites information and course descriptions.							
Bronze Medallion & Bronze Cross	\$185 Medallion Only \$147 Cross Only \$215 Both		Must be 13 years of age, must complete Medallion before taking Bronze Cross		Sundays, Sep 22-Nov 3; 5:00-8:30 pm		Dec 30,31 & Jan 2, 3; 7:00 am – 2:00 pm

Schedule subject to change. Minimum registration numbers must be met for classes to run.

*Register by phone at 823-1322 or 823-1321, online at www.aquaplex.ca or in person